

À partir du 05 Octobre

AQUASPORTS

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi	Dimanche
08h00 (45) aquafitness	09h15 (45) aquafitness	08h15 (45) aquafitness	09h15 (30) aquabiking	08h00 (45) aquafitness		09h15 (45) aquafitness
09h15 (45) aquafitness		09h15 (45) aquafitness		09h15 (45) aquafitness		10h15 (30) aquabiking
12h30 (45) aquafitness	12h00 (45) aquabiking	12h30 (30) aquabiking	12h15 (45) aquafitness	12h45 (30) aquabiking	12h15 (45) aquafitness	
	12h45 (45) aquafitness		13h00 (45) bodypalm			
16h15 (30) aquabiking	16h15 (45) aquafitness	17h30 (45) aquafitness	16h15 (45) aquafitness	16h15 (45) aquafitness	18h15 (30) aquabiking	18h15 (30) aquabiking
17h30 (45) aquafitness	17h30 (45) aquafitness	18h30 (30) aquabiking	17h45 (30) aquabiking	17h30 (30) aquabiking		
18h30 (45) aquafitness	18h30 (30) aquabiking		18h30 (45) aquafitness	18h15 (45) aquafitness		
19h30 (30) aquabiking	19h30 (45) aquafitness	19h15 (45) aquafitness	19h30 (45) aquapower	19h15 (30) aquabiking		
20h00 (45) bodypalm	20h20 (45) bodypalm	20h15 (45) aquapower		20h15 (45) bodypalm		
20h15 (45) aquabiking						

AquaMalo
Centre aqualudique & sportif de Saint-Malo Agglomération

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