

Aquasports 2022/2023

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi	Dimanche & jours fériés
08h00 (30*) aquabiking		07h45 (45*) aquafitness	08h00 (30*) aquabiking	8h00 (45*) aquafitness		
08h30 (45*) aquafitness	08h30 (45*) aquafitness	08h45 (45*) aquafitness	08h30 (45*) aquafitness	09h15 (45*) aquafitness		09h15 (45*) aquafitness
11h15 (45*) aquafitness	11h15 (45*) aquafitness		11h15 (45*) aquafitness	11h15 (45*) aquafitness		10h15 (30*) aquabiking
12h15 (30*) aquabiking	12h15 (30*) aquabiking	12h15 (45*) aquafitness	12h15 (45*) aquafitness	12h15 (45*) aquapower		12h15 (45*) bodypalm
13h00 (45*) aquafitness	13h00 (45*) aquaboxing	13h15 (30*) aquabiking	13h00 (45*) bodypalm	13h15 (30*) aquabiking	13h00 (45*) aquafitness	
			13h15 (30*) aquabiking			
16h30 (30*) aquabiking	16h15 (45*) aquafitness		16h15 (45*) aquafitness	16h15 (45*) aquafitness	16h15 (45*) aquafitness	16h15 (45*) aquafitness
17h15 (45*) aquafitness	17h15 (45*) aquafitness	17h30 (30*) aquabiking	17h15 (45*) aquafitness	17h15 (45*) aquafitness	17h15 (30*) aquabiking	17h15 (45*) aquabiking
18h15 (30*) aquabiking	18h15 (45*) aquafitness	18h15 (45*) aquafitness	18h15 (30*) aquabiking	18h15 (45*) aquafitness		
19h00 (45*) aquaboxing	19h15 (30*) aquabiking	19h15 (45*) aquafitness	19h00 (45*) aquapower	19h15 (30*) aquabiking		
20h00 (45*) bodypalm	20h00 (45*) aquafusion	20h00 (45*) bodypalm	20h00 (45*) aquafitness	20h00 (45*) aquafusion		

intensités →

COOL TONIC BOOST XTREM

📅 activités Premium sur réservation au ☎

Du 1 septembre 2022 au 8 juillet 2023 (hors vacances)

Document non-contractuel, la direction se réserve la possibilité de changer les horaires en fonction des impératifs de fonctionnement. Merci de votre compréhension !